



Lakefront Soccer Club Indoor Soccer Field

RULES

- All players must keep all equipment and personal belongings in their bags.
 - Do NOT run on the concrete - it will get slippery if wet.
 - NO cleats are allowed on the turf, please wear indoor shoes.
 - Shin guards are required during practice and games.
 - Wear your training t-shirts to all training session.
 - No GUM, FOOD or SPORTS DRINKS are allowed on the turf.
 - Balls are to be used only when on the field.
 - No bouncing or kicking balls off the walls.
 - No balls are allowed on the second floor
 - Bring a correctly inflated soccer ball.
- Players need to bring at least one water bottle - the water fountain will not be available.
 - Only coaches and players are allowed on the indoor turf.
- The facility is always open unless a State of Emergency in Monroe County is issued.

Players Code of Conduct

- Respect all coaches
- Respect all teammates
- Come with a desire to learn
 - Try your best