

# Lakefront Soccer Club

## “Return to Play”

### Policy for summer 2020

Lakefront families,

In accordance with the State of New York, “Four Phases of Reopening”, Lakefront Soccer Club has developed a “Three Step Plan” to start soccer practices and scrimmages.

Statement from DOCC Jesse Myers:

*“After months of researching how soccer has reopened in most of the country, Lakefront Soccer Club has established steps for our “Return to Play” policy that is scheduled to go into effect as early as June 26<sup>th</sup>. **The opening date is tentative as our New York State Government could inevitably push the last phase back at any time.**”*

*Soccer will return in three steps of training (Individually a “Training” and collectively “Trainings”:*

- 1.) Individual*
- 2.) Functional*
- 3.) Full Return to Practice & Play*

*We understand that several of the guidelines may be difficult as players enjoy interacting with their teammates. However, we need to be diligent at enforcing these protocols for the health and safety of our players, coaches, staff and their families.*

*Implementing the protocols will require a collaborative relationship between the Club, Coach, Parent, and Player. While the Club and Coach must create a safe environment, the Parent must make the decision for their child to return to play. If, as a parent, you are not comfortable in your child’s returning to play – DON’T.*

*And finally, Players must be responsible to adhere to, and respect the social distancing requirements and no-contact guidelines that have been established.”*

## 3 Step Plan for Lakefront Soccer Club “Return to Play”

(Timing of Steps may change due to factors out of our control)

Step 1 June 26-Jul 5 <sup>th</sup>	Step 2 July 6 <sup>th</sup> - July 13	Step 3 July 13 to Aug 9 <sup>th</sup>
<ul style="list-style-type: none"><li>• Individual Training in designated area</li><li>• No Contact</li><li>• 18 players on ½ field</li><li>• No sharing of equipment each player brings white and dark training shirt</li><li>• Players 6 to 10 feet away</li><li>• 1 hr. training sessions</li></ul>	<ul style="list-style-type: none"><li>• Functional Training</li><li>• Small sided Training no more than 6 v 6</li><li>• 11 v 11 Shadow play (walk through, no contact)</li><li>• 18 players in ½ of field</li><li>• No sharing of equipment Each player brings white and dark training shirt</li><li>• 1 hr. training sessions</li></ul>	<ul style="list-style-type: none"><li>• Full return to practice and play</li><li>• No sharing of water bottles or equipment</li><li>• Games and tournaments allowed in 50-mile radius of Rochester</li><li>• Continue to practice safe government protocol always</li></ul>

Given that the government allows us to move forward into Phase 4 of New York State guidelines and deem team sports safe to proceed.

## How can we can all do our part

### Players:

- Players with fevers or other symptoms are not permitted to participate.
- Players must use hand sanitizer before, during breaks, and after Trainings.
- Players should sanitize their soccer ball prior to and after Trainings.
- Players are not allowed to carpool to and from Trainings.
- Players should wear PPEs (masks) when not actively Training; walking to and from the field, etc.
- Players are encouraged (recommended) to wear gloves during the Trainings and be sure to wash your training clothes promptly after Trainings.
- No Congregating Policy for players or parents in parking lots, at drop off zones, sidelines, at entrance / exit areas of facility, or before or after Training session.

## Coaches:

- Wear PPEs (masks) or cover face at all times.
- Limit equipment brought to Trainings, disinfecting all equipment before / after use.
- Do not allow players to share pennies, other equipment, or water bottles.
- Players must bring their own balls to Training.
- Require parents to confirm their child is symptom free before attending training.
- Have parents take child's temperature before training
- Report confirmed cases of COVID-19 to Lakefront Soccer Club Covid 19 Safety Officer immediately and cease Trainings.
- Compliance with all local and state guidelines.

## Clubs:

- Jane DeBrine will be Lakefront SC COVID-19 Safety Officer who will communicate policy club-wide to coaching staff, parents and players, and provide regular updates and reminders.
- Assign each team a coordinator to oversee compliance at the team level during Trainings.
- Communicate immediately with the local health department in the event of a confirm COVID19 case within a team and cancel all Trainings for that team and any team associated with that coach.
- Schedule Trainings so that one team/group can conclude and depart prior to the next team / group arriving, avoiding high traffic times.
- Establish designated drop off and pick up zones for each field, with younger players on fields closest to drop off point – so parents can watch from cars.

## Parents:

- Model the proper behavior (i.e. masks; social distancing; following local and health guidelines; etc.)
- Remind their child of the “Zero” tolerance non-contact policy (coach/player or player/player) for initial stages
- No spectators allowed. Wait in the car or drop off/return at conclusion. Great time for parents to start a walking or jogging routine
- Must maintain social distancing minimum of 6 feet between participants throughout Trainings.
- Players with fevers or other symptoms are not permitted to Trainings.
- Insure your child use hand sanitizer before, during breaks, and after Trainings.
- Players are not allowed to carpool to and from Trainings.

- No Congregating Policy for players or parents in parking lots, at drop off zones, sidelines, at entrance / exit areas of facility, or before or after training session.
- Assist in making sure your child sanitizes their ball and training equipment immediately after returning home from Training

The “Lakefront Steps” are modeled after state recommendations with other youth organizations. New York West Youth Soccer Association (NYSWYA) will not issue a, “Return to Play Policy”. They will leave it up to each club.

The three phases are put together with many factors as we know today.

- Government procedure
- Safety
- Comfort level for all participants
- Time restrictions
- Period for player conditioning
- Regional play