



LAKEFRONT SC

Coronavirus COVID-19 Policies & Procedures

NOTE: Because of the fluidity of the Coronavirus Covid-19 situation, please note that this document is a living document that will change as new and more pertinent information is released.

Cleaning/Disinfecting

Lakefront SC will fully comply with the recommended guidelines from the CDC and state and local health departments for cleaning and disinfecting. This will include the following:

- All common areas including, but not limited to, the main entrance/exit, fire exits, doors and door handles, main hall, bathrooms, common tables and chairs will be thoroughly cleaned and disinfected daily and spot cleaned multiple times a day.
- Fields and playing surfaces will be cleaned on a daily basis and disinfected on a weekly basis.
- Three portable Ionization Systems (air scrubbers) have been purchased that contain an *i-Wave-r-bi* polar needle point ionizer and MERV 13 filters, which will be located throughout the complex.
- Participants will be required to bring their own personal sports equipment to be used on a regular basis. However, when common sports equipment is used those items will be cleaned and disinfected on a daily basis. Drinking fountains will be closed until further notice.
- Bibs/pinnies will not be provided by club and should not be shared until further notice.
- Staff will be required to clean and disinfect their work space on a daily basis including electronic equipment such as phones, keyboards, etc.
- Area Cleaning Logs will be placed in each room and area needed to be cleaned and must be completed by staff.
- Lakefront SC will make sure that all chemicals and cleaning equipment is adequate in the cleaning and disinfecting of the Covid-19 virus.
- Diligence by all: staff and participants is key in helping us keep Lakefront safe for everyone.

Member Responsibility

It is every club member's responsibility to self-monitor. If you, a family member, or anyone living in your household is ill or shows signs or symptoms known to be associated with COVID19 (see below), please do not come to our facility:

- Cough
- Shortness of breath or difficulty breathing
- Fever



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- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell
- Have you been in contact with anyone who has been diagnosed with Covid-19?
- If you answered yes to any of the above we would ask for your safety and the safety others that you please consult your family physician for guidance. **Please, do not come to Lakefront Complex.**
- The Indoor Complex will be open only to scheduled participants, Lakefront staff until further notice. One member of the household may accompany the participant in the building ONLY IF NEEDED and must adhere to social distancing guidelines including wearing facial covering at all times. If family members abuse this privilege, they may jeopardize their privilege of entering the building.
- At this time, participants will be required to wear facial coverings. The face covering may be removed while the participant is actively involved in the training activity but must be donned immediately upon completion. If a member of the household is accompanying their child then that person must wear a facial covering at all times.
- There will be no loitering or gathering anywhere in the building. Please continue moving and do not stop in the side hallways or balcony. Limit your time with others in the building. Common area (lobby) will be in use for hockey as they are not yet cleared to use locker rooms.
- No more than two persons in the restrooms at a time. Please wait outside the restroom while socially distancing for your turn.
- Please do not come to your practice too early. Limit your waiting time in the building. Wait in your car or in the parking lot if needed. Do not enter the building until 5 minutes before the scheduled start of your program.
- There will be no sharing of equipment, water bottles, food, etc. (Water fountains will be closed. Please bring 1 to 2 bottles of water for personal use.)
- Social distancing of 6 feet will be the norm for all (exception activity playing on field).

Entrance/Exit

- Everyone will enter The Sports Complex through the main entrance doors.
- Everyone will exit The Sports Complex through the main entrance doors.
- As a rule, all Lakefront SC participants will enter the complex through the lobby no sooner than **5 minutes** before start time. Each team will be directed to the south wall of the indoor field at the predetermined location, maintaining social distancing.
- At the appointed time coach will lead his/her players across the turf to the north wall of the indoor complex to deposit training bags/coats



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- Each player will place their personnel belongings against the north wall, observing social distancing.
- All players must wear a mask and may only remove when actively participating in drills.
- **5 minutes** before the end of assigned time for practice, coach must stop practice and release players to exit the building, following signage. Coaches and players should immediately leave the building.
- Coaches may reserve the team room through "bookafield" for after a practice.
- Parents will be responsible for taking the temperature and asking the above questions to their player.
- Coaches will be responsible to record attendance and submit to Lakefront office at the end of practice.
- Only players, coaches and officials will be permitted onto the indoor field.
- All equipment and trash must be collected and properly disposed after each training session.
- **Goals cannot be moved** and must remain as set up by complex staff.
- **Only three coaches** are allowed on the field at one time. (must have mask on at all times)
- No spectators are allowed at this time. Only one member of the household may accompany the participant in the building **ONLY IF NEEDED** and must adhere to social distancing guidelines including wearing facial covering.

Personal Hygiene/Hand washing

- STAY HOME IF YOU ARE FEELING SICK AT ALL!
- Avoid close contact with people who may be sick.
- Avoid touching your eyes, nose and mouth.
- Remember to cough and/or sneeze into your elbow (vampire cough) and not into your hands.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing. If soap and water is not readily available, use a 60% alcohol-based hand sanitizer.
- If you fall into the category of "vulnerable" or "at-risk individual", we would ask that you please consider not entering the building. If you do need to enter the building please follow all personal hygiene guidelines including wearing a facial covering and limiting your time in the building.
- PLEASE BE AWARE OF SOCIAL DISTANCING – 6 FEET WILL BE THE NORM FOR ALL. Please be safe and courteous everywhere within the Complex, including entrances/exits, hallways, program areas, and all common areas.

Lakefront Staff

- All staff will be temperature checked prior to working.
- All staff will answer the following questions (see above) daily prior to working.



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- All staff, when in public and having contact with customers, will wear a facial covering.
- All staff will disinfect and sanitize their own work area prior to working, continually disinfect and sanitize work area throughout the day, and disinfect and sanitize their own work area prior to leaving.
- Social distancing of 6 feet will be the norm for all.

Lakefront Office

Access to office is by appointment only. All correspondence should be by email.

What if A positive Covid – 19 case is identified at Lakefront

- Immediately isolate and seek medical care for any individual who develops symptoms while at Lakefront.

If a person develops any of the above listed symptoms, coach should immediately move person to team room located on the ground floor and notify the person in question's responsible caretaker and the Lakefront staff that is on duty. The potential individual should consult their family physician.
- Responsible caretaker should contact the Monroe County Health Department about suspected case or exposure.
- If case is positive Lakefront SC will shut down entire facility for deep clean and sanitation. Re-open facility once deemed clean and safe.
- Work with Local Health Department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications.
- If a person is exposed to a positive Covid-19 carrier or has a positive test:
 - 1.) Notify Lakefront SC
 - 2.) Self-quarantine as required by Monroe County Health Department